



**UNACYLATED GHRELIN (human)  
EXPRESS**

A brand name of

**bertin**  
pharma

**For laboratory research use only. Not for human or veterinary diagnostic use.**

**Bertin Pharma also markets pre-analytical products, EIA kits, antibodies, CYP450s & biochemicals for:**

- ▶ **Cardiology / Hypertension**
- ▶ **Diabetes / Obesity**
- ▶ **Endocrinology / Metabolism**
- ▶ **Inflammation**
- ▶ **Pharmacology**
- ▶ **Psychopharmacology**
- ▶ **Nitric Oxide**
- ▶ **Oncology / Apoptosis**
- ▶ **Oxidative injury**
- ▶ **Cell signaling**
- ▶ **Drug metabolism**

**Do not hesitate to contact our after-sales services for further information at [bioreagent@bertinpharma.com](mailto:bioreagent@bertinpharma.com)**



European patent # 89 139 552

U.S. patent # 50 47 330

**Unacylated Ghrelin (human)  
Express Enzyme Immunoassay kit  
#A05119.96 wells**

For research laboratory use only  
Not for human diagnostic use

This assay has been developed & validated  
by Bertin Pharma



Fabriqué en France  
Made in France

Version: 0115  
Ref. #A11119

## Table of contents

▶ Precaution for use	6
▶ Background	7
▶ Principle of the assay	10
▶ Materials and equipment required	12
▶ Sample collection and preparation	14
▶ Reagent preparation	17
▶ Assay procedure	20
▶ Data analysis	25
▶ Acceptable range	27
▶ Typical results	28
▶ Assay validation and characteristics	30
▶ Assay trouble shooting	36
▶ Bibliography	37

**96 wells**  
**Storage: -20°C**  
**Expiry date: stated on the package**

This kit contains

	<b>Colour of cap</b>	<b>Item #</b>	<b>Quantity per kit</b>	<b>Form</b>
Strip 96 well Microtiter plate, pre-coated with anti-Ghrelin mouse monoclonal antibody	blister with zip	A08119.1 ea	1	-
Unacylated Ghrelin (human, rat) Tracer Express	green	A04119.100 dtn	1	lyophilised
Unacylated Ghrelin (human) Standard	blue with red septum	A06119.1 ea	2	lyophilised
Unacylated Ghrelin (human) Quality Control	green with red septum	A10119.1 ea	2	lyophilised
EIA Buffer	blue	A07000.1 ea	1	lyophilised
Wash Buffer concentrated 400x	silver	A17000.1 ea	1	liquid
Tween 20	transparent	A12000.1 ea	1	liquid
Ellman's reagent 49+1	black with red septum	A09000_49+1.100 dtn	2	lyophilised
Instruction booklet	-	A11119	1	-
Well cover sheet	-	-	1	-

Each kit contains sufficient reagents for 96 wells. This allows for the construction of one standard curve in duplicate and the assay of 36 samples in duplicate.

## ▶ **Precaution for use**

**Users are recommended to read all instructions for use before starting work.**

Each time a new pipette tip is used, aspirate a sample or reagent and expel it back into the same vessel. Repeat this operation two or three times before distribution in order to equilibrate the pipette tip.

- > For research laboratory use only
- > Not for human diagnostic use
- > Do not pipet liquids by mouth
- > Do not use kit components beyond the expiration date
- > Do not eat, drink or smoke in area in which kit reagents are handled
- > Avoid splashing

The total amount of reagents contains less than 100 µg of sodium azide. Flush the drains thoroughly to prevent the production of explosive metal azides.

## ▶ **Temperature**

Unless otherwise specified, all the experiments are done at room temperature (RT), that is around +20°C. Working at +25°C or more affects the assay and decreases its efficiency.

## ► **Background**

### ▷ **Acetylcholinesterase AChE® Technology**

Acetylcholinesterase (AChE®), the enzymatic label for EIA, has the fastest turnover rate of any enzymatic label. This specific AChE is extracted from the electric organ of the electric eel, *Electrophorus electricus*, and it's capable of massive catalytic turnover during the generation of the electrochemical discharges. The use of AChE as enzymatic label for EIA has been patented by the French academic research Institute CEA [1, 2, 3], and Bertin Pharma, formerly known as SPI-Bio, has expertise to develop and produce EIA kits using this technology.

AChE® assays are revealed with Ellman's reagent, which contains acetylthiocholine as a substrate. The final product of the enzymatic reaction (5-thio-2-nitrobenzoic acid), is bright yellow and can be read at 405-414 nm. AChE® offers several advantages compared to enzymes conventionally used in EIAs:

- > **Kinetic superiority and high sensitivity:** AChE® shows true first-order kinetics with a turnover of 64,000 sec<sup>-1</sup>. That is nearly 3 times faster than Horse Radish Peroxidase (HRP) or alkaline phosphatase. AChE® allows a greater sensitivity than other labeling enzymes.
- > **Low background:** non-enzymatic hydrolysis of acetylthiocholine in buffer is essentially absent. So, AChE® allows a very low background and an increased signal/noise ratio compared to other substrate of enzymes which is inherently unstable.

- > **Wide dynamic range:** AChE<sup>®</sup> is a stable enzyme and its activity remains constant for many hours as, unlike other enzymes, its substrate is not suicidal. This permits simultaneous assays of high diluted and very concentrated samples.
- > **Versatility:** AChE<sup>®</sup> is a completely stable enzyme, unlike peroxidase which is suicidal. Thus, if a plate is accidentally dropped after dispatch of the AChE<sup>®</sup> substrate (Ellman's reagent) or if it needs to be revealed again, one only needs to wash the plate, add fresh Ellman's reagent and proceed with a new development. Otherwise, the plate can be stored at +4°C with Wash Buffer in wells while waiting for technical advice from the Bioreagent Department.

## ▷ Ghrelin

Ghrelin discovered in 1999, is fast becoming an endocrinology target of the millennium. Ghrelin, identified in rat stomach as an endogenous ligand for the GH secretagogue receptor, is mainly produced in stomach, but has been demonstrated in many other organs [4, 5].

In addition to GH-releasing properties and its orexant action, Ghrelin could act as an hormone having effects on gastric motility (similarity with the peptide hormone motilin), acidic secretion, cardiovascular action, antiproliferative effects, pancreatic and glucose metabolism function, sleep [6, 7, 8]...

Ghrelin gene raises to mRNA prepro-ghrelin of 117 amino acids. This precursor is processed into Ghrelin, 28 amino acids (human).

Before being secreted, this peptide is octanoylated at Ser 3 by GOAT (Ghrelin Octanoyl Acyl Transferase). This step is essential for biological activity making GOAT a perfect target for drugs in feeding behaviour. Interestingly, the potential therapeutic importance of this hormone is not restricted to regulation of food intake **[9]** but also in cachexia (related to cancer treatment, anorexia nervosa or ischemia) **[10]** gastric motility and may be involved in osteoporosis, somatopause, infertility and ovulation induction, neurological disorders (Alcoholism, Post Traumatic Stress disorders...) **[11]** and cardiovascular diseases.

## ► Principle of the assay

This Enzyme Immunometric Assay (EIA) is based on a double-antibody sandwich technique. The wells of the plate supplied are coated with a monoclonal antibody specific to the C-terminal part of Ghrelin.

This antibody will bind to any Ghrelin introduced into the wells (standard or sample). The acetylcholinesterase (AChE) - Fab' conjugate (Tracer) which recognises the N-terminal part of Unacylated Ghrelin is also added to the wells.

The two antibodies then form a sandwich by binding on different parts of the Unacylated Ghrelin.

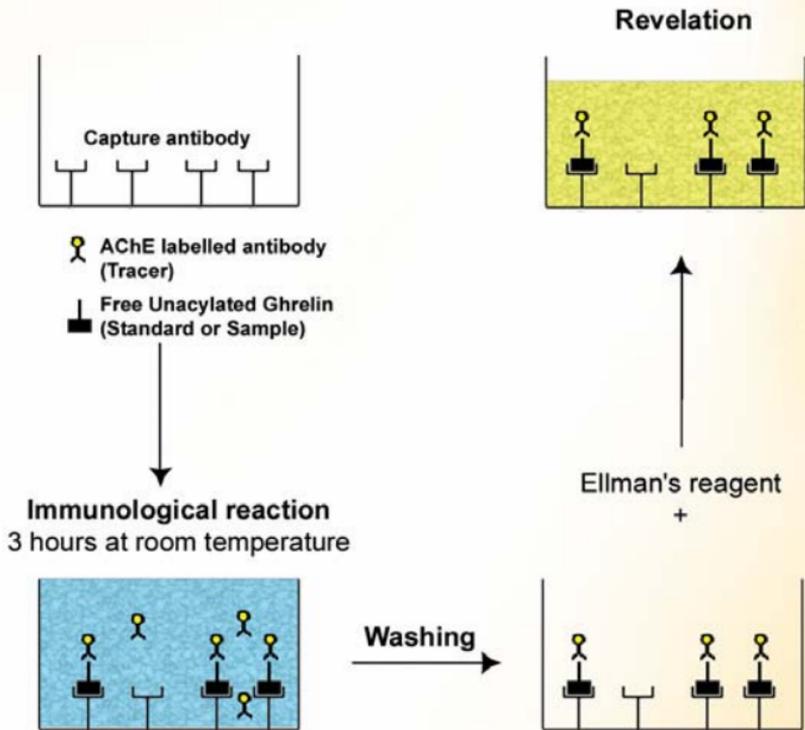
The sandwich is immobilised on the plate so reagents in excess may be washed away.

The concentration of Unacylated Ghrelin (human) is determined by measuring the enzymatic activity of immobilized Tracer using Ellman's Reagent. AChE Tracer acts on Ellman's Reagent to form a yellow compound that strongly absorbs at 414 nm.

The intensity of the colour, which is determined by spectrophotometry, is proportional to the amount of Unacylated Ghrelin (human) present in the well during the immunological incubation.

This EIA so called Express EIA kit needs a short incubation time for immunological reaction (3 hours).

The principle of the assay is summarised below:



## ▶ **Materials and equipment required**

In addition to standard laboratory equipment, the following material is required.

### ▶ **For the sample preparation**

- > EDTA tubes for blood collection
- > 35 sampling tubes with PHMB #D31009  
or reagents for PHMB inhibitor solution:
  - Potassium Phosphate buffer 0.1 M pH 7.4
  - NaOH 10N
  - p-Hydroxymercuribenzoic acid (PHMB)
  - UltraPure water #A07001or Aprotinin (up to 0,6 TIU per mL blood)  
or PMSF
- > HCl 1N (optional)

### ▶ **For the assay**

- > Precision micropipettes (20 to 1000  $\mu$ L)
- > Spectrophotometer plate reader (405 or 414 nm filter)
- > Microplate washer (or washbottles)
- > Orbital microplate shaker
- > Multichannel pipette and disposable tips 30-300  $\mu$ L
- > UltraPure water (Ref. #A07001)
- > Polypropylene tubes



Water used to prepare all EIA reagents and buffers must be Ultra Pure, deionized & free from organic contaminants traces.

Otherwise, organic contamination can significantly affect the enzymatic activity of the tracer AcetylCholinesterase.

Do not use distilled water, HPLC-grade water or sterile water.

- > UltraPure water may be purchased from Bertin Pharma (item #A07001.1L).

## ▶ **Sample collection and preparation**

This assay has been validated to measure Unacylated Ghrelin in buffer and in human plasma samples (see validation data at the end of this booklet).

### ▷ **General precautions**

- All samples must be free of organic solvents prior to assay.
- Samples should be assayed immediately after collection or should be stored at -20°C.

### ▷ **Blood collection**

- Blood samples are collected in tubes containing EDTA and a protease inhibitor to prevent the degradation of Acylated Ghrelin.

- **Choice of protease inhibitor**

We suggest adding p-hydroxymercuribenzoic acid (PHMB) 1 mM in the final sample volume during the blood collection.

We suggest preparing a 100 times concentrated solution of protease inhibitor and then adding 10 µL of this solution per mL of blood. For example, for PHMB 100mM concentrated solution, prepare a potassium phosphate buffer 0.1 M pH 7.4 in which 1.2% NaOH 10N volume/volume is added. Then dissolve PHMB to get a 100 times concentrated solution (100 mM) in this buffer.

Add 10 µL of this PHMB 100x solution per mL of blood. The PHMB 100x solution may be stored one month at -20°C.

We suggest using aliquots for PHMB 100x solution in order to avoid freezing/thawing cycles.

To avoid the preparation of PHMB protease inhibitor solution, Bertin Pharma provides sampling tubes for 1 mL of blood containing PHMB (item #D31009).

Other protease inhibitors could be used with the assay like Aprotinin (up to 0,6 TIU/mL blood) or PMSF(around 0.1 mg/mL blood according to litterature) as indicated in the section "Protease inhibitor compatibility table" at the end of this booklet. For the use of these different products, please refer to the vendor's instructions.

- > Collection tubes are mixed by inversion 5 folds.



Samples should be kept on ice between collection and centrifugation (15 minutes max).

- > Blood samples are centrifuged at 3,500 rpm for 10 minutes at +4°C and then, supernatants are transferred in separate tubes.  
Samples should be quickly assayed or stored at -20°C for later use.
- > The best way is to assay the samples within 3 weeks after the collection date. Moreover, we suggest using aliquots for plasma samples (we suggest 250 µl per aliquot) in order to avoid freezing/thawing cycles.
- > **Acidification of freshly prepared plasma** (to be done before storage) **with HCl** is often performed and doesn't affect the performance of the assay.

When adding 100  $\mu\text{L}$  of 1N HCl per mL of collected plasma and centrifuge them at 3,500 rpm for 5 min at +4°C, there is a slight increase in Acylated Ghrelin value, and no significant change on Unacylated Ghrelin value. Poor neutralization (by dilution or NaOH) of acidification may however lead to inconsistency in sample reproducibility.



Plasma samples prepared as above-mentioned can be assayed for Acylated Ghrelin with Acylated Ghrelin EIA kit or for Unacylated Ghrelin with Unacylated Ghrelin EIA kit.

### ▷ **Sample preparation**

Plasma samples may be assayed directly without any extraction procedure after being diluted at **least to 1:10 in EIA Buffer** in order to avoid matrix effect.

## ▶ Reagent preparation

All reagents need to be brought to room temperature, around +20°C, prior to the assay.

### ▶ EIA Buffer

Reconstitute the vial #A07000 with 50 mL of UltraPure water. Allow it to stand 5 minutes until completely dissolved and then mix thoroughly by gentle inversion.

*Stability at 4°C: 1 month*

### ▶ Unacylated Ghrelin (human) Standard

Reconstitute the Standard vial #A06119 with 1 mL of UltraPure water. Allow it to stand 5 minutes until completely dissolved and then mix thoroughly by gentle inversion.

The concentration of the first standard S1 is 250 pg/mL.

Prepare seven propylene tubes for the other standards and add 500 µL of EIA Buffer into each tube. Then prepare the standards by serial dilutions as follows:

Standard	Volume of Standard	Volume of EIA Buffer	Standard concentration pg/mL
S1	-	-	250
S2	500 $\mu$ L of S1	500 $\mu$ L	125
S3	500 $\mu$ L of S2	500 $\mu$ L	62.5
S4	500 $\mu$ L of S3	500 $\mu$ L	31.3
S5	500 $\mu$ L of S4	500 $\mu$ L	15.6
S6	500 $\mu$ L of S5	500 $\mu$ L	7.8
S7	500 $\mu$ L of S6	500 $\mu$ L	3.9
S8	500 $\mu$ L of S7	500 $\mu$ L	2.0

*Stability at 4°C: 1 week*

### ▷ **Unacylated Ghrelin (human) Quality Control**

The Quality Control provided in this kit has been prepared by spiking Unacylated Ghrelin (human) peptide in EIA Buffer.

Reconstitute the Quality Control vial #A10119 with 1 mL of UltraPure water. Allow it to stand 5 minutes until completely dissolved and then mix thoroughly by gentle inversion.

*Stability at +4°C: 1 week*

### ▷ **Unacylated Ghrelin Tracer**

Reconstitute the vial #A04119 with 10 mL of EIA Buffer. Allow it to stand 5 minutes until completely dissolved and then mix thoroughly by gentle inversion.

*Stability at +4°C: 1 week*

### ▷ **Wash Buffer**

Dilute 2 mL of concentrated Wash Buffer #A17000 with 800 mL of UltraPure water. Add 400  $\mu$ L of Tween20 #A12000. Use a magnetic stirring bar to mix the content.

*Stability at +4°C: 1 week*

### ▷ **Ellman's Reagent**

**5 minutes before use** (development of the plate), reconstitute one vial of Ellman's Reagent #A09000\_49+1 with 49 mL of UltraPure water and 1 mL of concentrated Wash Buffer. The tube content should be thoroughly mixed.

*Stability at 4°C and in the dark: 24 hours*

## ▶ **Assay procedure**

It is recommended to perform the assays in duplicate and to follow the instructions hereafter.

### ▶ **Plate preparation**

Prepare the Wash Buffer as indicated in the reagent preparation section.

Open the plate packet and select the sufficient strips for your assay and place the unused strips back in the packet, store at +4°C for 1 month maximum.

Rinse each well 5 times with the Wash Buffer 300 µL/well.

Just before distributing reagents and samples, remove the buffer from the wells by inverting the plate and shaking out the last drops on a paper towel.

### ▶ **Distribution of reagents and samples**

A plate set-up is suggested on the following page. The contents of each well may be recorded on the template sheet provided at the end of this technical booklet.

### ▶ **Pipetting the reagents**

All samples and reagents must reach room temperature prior to performing the assay.

Use different tips to pipette the buffer, standard, sample, tracer, antiserum and other reagents.

Before pipetting, equilibrate the pipette tips in each reagent. Do not touch the liquid already in the well when expeling with the pipette tip.

> **EIA Buffer**

Dispense 100  $\mu$ L to Non Specific Binding NSB wells.

> **Unacylated Ghrelin (human) Standards**

Dispense 100  $\mu$ L of each of the eight standards S1 to S8 in duplicate to appropriate wells.

Start with the lowest concentration standard S8 and equilibrate the tip in the next higher standard before pipetting.

> **Quality Control and samples**

Dispense 100  $\mu$ L in duplicate to appropriate wells. Highly concentrated samples may be diluted in EIA Buffer.

> **Unacylated Ghrelin Tracer**

Dispense 100  $\mu$ L to each well, **except** Blank (Bk) wells.

▷ **Incubating the plate**

Cover the plate with the cover sheet and incubate for 3 hours at room temperature.

A longer immunological reaction (20 hours at +4°C) is also possible, increasing the sensitivity of the assay to 0.3 pg/mL.



## ▷ **Developing and reading the plate**

- ▷ Reconstitute Ellman's reagent as mentioned in the Reagent preparation section.
- ▷ Empty the plate by turning over. Rinse each well five times with 300  $\mu$ L Wash Buffer. The 5th time, slightly shake the plate for 5 minutes on an orbital shaker. Then rewash five times with 300  $\mu$ L Wash Buffer. At the end of the last washing step, empty the plate and blot the plate on a paper towel to discard any trace of liquid.
- ▷ Add 200 $\mu$ L of Ellman's reagent to each 96 well. Cover the plate with aluminium sheet and incubate in the dark at room temperature. Optimal development is obtained using an orbital shaker.
- ▷ Wipe the bottom of the plate with a paper towel, and make sure that no liquid has splashed outside the wells.
- ▷ Read the plate at a wavelength between 405 and 414nm (yellow colour).

**After addition of Ellman's reagent, the absorbance has to be checked periodically (every 30 minutes) until the maximum absorbance has reached a minimum of 0.5 A.U. blank subtracted.**

<b>Express Enzyme Immunoassay Protocole (volumes are in <math>\mu\text{L}</math>)</b>				
	Blank	NSB	Standard	Sample or QC
EIA Buffer	-	100	-	-
Standard	-	-	100	-
Sample or QC	-	-	-	100
Tracer	-	100	100	100
Cover plate, incubate 3 hours at RT				
Wash plate 5 times, shake 5 min, wash 5 times & discard liquid from the wells				
Ellman's reagent	200			
Incubate with an orbital shaker in the dark at RT				
Read the plate between 405 and 414 nm				

## ► Data analysis

Make sure that your plate reader has subtracted the absorbance readings of the blank well (absorbance of Ellman's reagent alone) from the absorbance readings of the rest of the plate. If not, do it now.

- Calculate the average absorbance for each NSB, standard and sample.
- For each standard, plot the absorbance on y axis versus the concentration on x axis. Draw a best-fit line through the points.
- To determine the concentration of your samples, find the absorbance value of each sample on the y axis.
- Read the corresponding value on the x axis which is the concentration of your unknown sample. Do not forget to integrate the dilution factor of your own samples (due notably to the minimal dilution for the assay 1:10 and the addition of HCl 1N).
- Samples with a concentration greater than 250 pg/mL should be re-assayed after dilution in EIA Buffer.
- Most plate readers are supplied with curve-fitting software capable of graphing these data (logit/log or 4-parameter logistic fit 4PL). If you have this type of software, we recommend using it. Refer to it for further information.



**Two vials of Quality Control are provided with this kit.**

**Your standard curve is validated only if the calculated concentration of the Quality Control obtained with the assay is +/- 25% of the expected concentration (written on the label of the QC vial)**

▶ **Acceptable range**

- ▶ Non Specific Binding < 60 mA.U.
- ▶ Limit of detection in the sample before dilution <6 pg/mL
- ▶ QC sample:  $\pm 25\%$  of the expected concentration (see the label of QC vial)

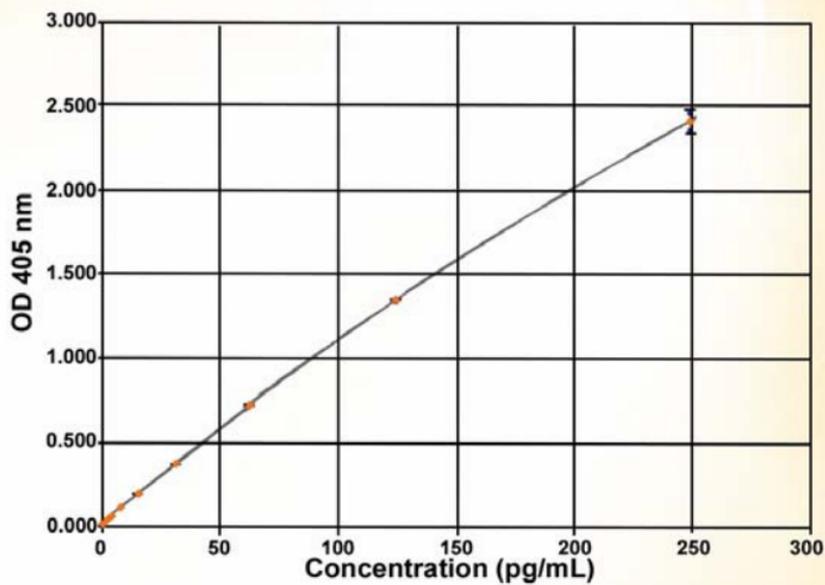
## ► Typical results

The following data are for demonstration purpose only. Your data may be different and still correct.

These data were obtained using all reagents as supplied in this kit under the following conditions: 60 minutes developing, reading at 414 nm. A 4-parameter logistic fitting was used to determine the concentrations.

	Unacylated Ghrelin (human) pg/mL	Absorbance (mAU)
Standard S1	250	2408
Standard S2	125	1344
Standard S3	62.5	718
Standard S4	31.3	370
Standard S5	15.6	189
Standard S6	7.8	106
Standard S7	3.9	58
Standard S8	2.0	38

## Typical Unacylated Ghrelin (human) standard curve



## ► Assay validation and characteristics

The Enzyme Immunometric assay of Unacylated Ghrelin (human) has been validated for its use in buffer and in plasma (without extraction but diluted at least 1:10). A sigmoidal 4-parameter logistic fitting was used to determine the concentrations.

For additional information regarding the validation of immunoassay for protein biomarkers in biological samples, please refer to bibliography [12].

- The **limit of detection**, calculated as the concentration of Unacylated Ghrelin corresponding to the NSB average ( $n = 8$ ) plus three standard deviations is 0.6 pg/mL. Due to the minimal plasma dilution (1:10), the limit of detection in the samples is less than 6 pg/mL.
- **Intra-assay & inter-assay variations** and recovery:

QC levels	Theoretical concentrations in diluted QC (pg/mL)	Mean of observed concentrations (pg/mL)	Intra-assay (CV%)	Inter-assay (CV%)	Recovery (%)	Confidence interval ( $\alpha = 0.05$ )
Incubation 3 hours at room temperature						
QC1	2	1.8	12.1	12.6	88.9	88.9 ± 4.9
QC2	25	20.6	4.4	4.5	82.2	82.2 ± 1.5
QC3	200	176.0	4.3	4.6	87.8	87.8 ± 1.8
Incubation 20 hours at +4°C						
QC1	2	1.8	11.8	13.2	86.8	86.8 ± 5.8
QC2	25	21.6	3.2	3.8	86.5	86.5 ± 1.8
QC3	200	186.0	3.9	4.0	89.7	89.7 ± 1.4

The intra-assay and inter-assay variations were studied on 30 human plasma (free of Ghrelin) spiked samples for each level of QC. QC were prepared ten times concentrated from a pool of human plasma and then diluted to 1:10 in EIA Buffer before assay. Replicate samples (n=6) at each of the three validation levels were analysed along with the calibration curve for a total of 5 independent runs.

### > Matrix variability

Matrix	Theoretical concentration (pg/mL)	Unacylated Ghrelin measured (pg/mL)	Recovery (%)	Mean of recovery (%)
1	25	25.3	101.0	99.8
2		25.7	103.0	
3		25.5	102.0	
4		23.9	95.6	
5		24.3	97.2	

Five individual lots of human plasma samples were tested. Validation samples (n=3) were prepared five times concentrated in each matrix (free from Ghrelin) and then diluted to 1:10 in order to obtain a final concentration of 25 pg/mL. QC were analysed against a calibration curve derived from a pool of human plasmas.

### > Dilution tests

Samples	Dilution Factor	Unacylated Ghrelin measured (pg/mL)	Corrected concentrations (pg/mL)	Recovery (%)	Mean of recovery (%)
1	1:10	66.2	662	-	98.9
	1:20	34.2	684	103.0	
	1:50	13.8	690	104.0	
	1:100	6.2	622	94.0	
	1:200	3.1	624	94.3	
2	1:10	53.2	532	-	97.5
	1:20	26.6	532	100.0	
	1:50	10.7	535	101.0	
	1:100	5.1	509	96.0	
	1:200	2.5	498	94.0	
3	1:10	64.8	648	-	96.8
	1:20	33.6	672	104.0	
	1:50	13.4	670	103.	
	1:100	5.9	592	91.4	
	1:200	2.9	576	88.9	

Three human plasma samples were diluted to 1:10. Afterwards, four independent dilutions (n=3) were performed and analysed against a calibration curve.

### > Stability test (freezing/thawing)

Samples	Reference value (pg/mL)	1 cycle (pg/mL)	2 cycles (pg/mL)	3 cycles (pg/mL)	Mean of recovery (%)
1	288	308	301	310	106
2	264	272	269	278	103
3	389	417	407	446	109
4	556	577	561	614	105
5	210	226	225	221	107

Five human plasma samples (n=3) were analysed just after collection and dilution to 1:10 before the assay (reference value) and after 1, 2 and 3 freeze/thaw cycles.

### > Cross-reactivity

Unacylated Ghrelin (rat)	100%
Acylated Ghrelin (human)	<0.06 %
Acylated Ghrelin (rat)	<0.03 %
Ghrelin (1-14) (human)	<0.001 %
Ghrelin (1-11) (rat)	<0.001 %
Ghrelin (17-28) (human, rat)	<0.001 %
GHRF (human)	<0.001 %
Insulin (human)	<0.001 %
Motiline	<0.001 %
Leptin (human)	<0.001 %
Somatostatine	<0.001 %
CRF (human, rat)	<0.001 %
Glucagon (human, rat)	<0.001 %

### > **Protease Inhibitor compatibility table**

	<b>AESBF</b>	<b>PMSF</b>	<b>Pefabloc</b>	<b>P800</b>	<b>Aprotinin</b>	<b>PHMB</b>
A05319.96 wells	YES	YES	YES	YES	YES	YES
A05119.96 wells	NO	YES	NO	NO	YES	YES

Plasma samples were collected on different protease inhibitors according to vendors instruction and measured with the appropriate kit. Recovery is different from one inhibitor to the other and it belongs to the end user to define according to its needs which inhibitor to be used. Acidification has also been tested with most inhibitors and may also change recovery, but will not affect the assay performances providing that dilution with EIA Buffer or neutralisation is performed.

## > Related products

Item Reference	Designation	Application
A05106.96 wells	Acylated Ghrelin (human) Express EIA kit	PHMB, PMSF, Aprotinin samples
A05106.384 wells	Acylated Ghrelin (human) 384w EIA kit	GOAT inhibitor screening
A05117.96 wells	Acylated Ghrelin (mouse, rat) Express EIA kit	PHMB, PMSF, Aprotinin samples
A05118.96 wells	UnAcylated Ghrelin (mouse, rat) Express EIA kit	PHMB, PMSF, Aprotinin samples
A05119.96 wells	UnAcylated Ghrelin (human) Express EIA kit	PHMB, PMSF, Aprotinin samples
A05306.96 wells	Acylated Ghrelin (human) Easy Sampling EIA kit	Any kind of sample
A05317.96 wells	Acylated Ghrelin (mouse, rat) Easy Sampling EIA kit	
A05318.96 wells	UnAcylated Ghrelin (mouse, rat) Easy sampling EIA kit	
A05319.96 wells	UnAcylated Ghrelin (human) Easy Sampling EIA kit	
A05320.96 wells	UnAcylated Ghrelin (dog) Easy Sampling EIA kit	
A05321.96 wells	Acylated Ghrelin (dog) Easy Sampling EIA kit	
A05401.96 wells	Acylated Ghrelin (pig) EIA kit	PHMB, PMSF, Aprotinin samples
A05402.96 wells	Unacylated Ghrelin (pig) EIA kit	PHMB, PMSF, Aprotinin samples
D31009	Sampling Tubes with PHMB	Sample preparation

## ► Assay trouble shooting

- **Absorbance values too low:** organic contamination of water, incubation in wrong conditions (time or temperature), reading time not long enough. Standard or Tracer or Ellman's reagent have not been dispensed.
- **High signal and background in all wells:** Inefficient washing or overdeveloping (incubation time should be reduced) or high ambient temperature.
- **High dispersion of duplicates:** Poor pipetting technique or irregular plate washing.
- **If a plate is accidentally dropped after dispatch of the AChE<sup>®</sup> substrate (Ellman's reagent) or if it needs to be revealed again:** one only needs to wash the plate, add fresh Ellman's reagent and proceed with a new development. Otherwise, the plate can be stored at +4°C with wash buffer in wells while waiting for technical advice from the Bioreagent Department.

These are a few examples of trouble shooting that may occur. If you need further explanation, Bertin Pharma will be happy to assist you. Feel free to contact our technical support staff by phone (+33 (0)139 306 036), fax (+33 (0)139 306 299) or E-mail (bioreagent@bertinpharma.com), and be sure to indicate the batch number of the kit (see outside the box).

Bertin Pharma proposes EIA Training kit #B05005 and EIA workshop upon request. For further information, please contact our Marketing Department by phone (+33 (0)139 306 260) or E-mail (marketing@bertinpharma.com).

## ► Bibliography

1. Grassi J, Pradelles P  
Compounds labelled by the acetylcholinesterase of *Electrophorus Electricus*. Its preparation process and its use as a tracer or marquer in enzyme-immunological determinations.  
*United States patent, N° 1,047,330. September 10, 1991*
  
2. Grassi J, Pradelles P  
The use of Acetylcholinesterase as a Universal marker in Enzyme-Immunoassays  
*Proceedings of the Third International Meeting on Cholinesterases, American Chemical Society (1991)*
  
3. Pradelles P, Grassi J, Maclouf J  
Enzyme Immunoassays of Eicosanoids Using Acetylcholinesterase  
*Methods in Enzymology (1990), vol. 187, 24-34*
  
4. Kojima M, Kangawa K  
Ghrelin: structure and function  
*Physiol. Rev ( 2005), 85:495-522,*
  
5. Bluet-Pajot MT, Tolle V, Zizzari P, Tomasetto C, Grouselle D, Epelbaum J  
Ghrelin: A striking example of neuroendocrine peptide pleiotropy  
*Med Sci (Paris), August 1, 2005, 21 (8-9): 715-21*
  
6. de Faria Barros A et al  
Is there association between acyl-ghrelin and inflammation in hemodialysis patients?  
*J Bras Nefrol. (2013) 35(2): 120-126.*

- 7.** Grousselle D et al  
Variations des peptides dérivés de la préprogrhéline au cours du repas dans l'anorexie mentale restrictive  
*Poster GIR-AFDAS-TCA2014*
- 8.** Delhanty P et al  
Des-acyl ghrelin analogs prevent high-fat-diet-induced dysregulation of glucose homeostasis  
*FASEB J. (2013) 27(4):1690-1700.*
- 9.** Costantini, V et al  
GSK1614343, a Novel Ghrelin Receptor Antagonist, Produces an Unexpected Increase of Food Intake and Body Weight in Rodents and Dogs  
*Neuroendocrinology (2011);94:158–168*
- 10.** Porporato E, Filigheddu N et al  
Acylated and unAcylated Ghrelin impair skeletal muscle atrophy in mice.  
*J. Clinical Invest (2013) 123(2): 611-622*
- 11.** Sentissi O, Epelbaum J, Olié JP, Poirier MF  
Leptin and Ghrelin Levels in Patients With Schizophrenia During Different Antipsychotics Treatment: A Review  
*Schizophrenia Bulletin (2008) 34(6), 1189–1199*
- 12.** Valentin MA, Ma S, Zhao A, Legay F, Avrameas A  
Validation of immunoassay for protein biomarkers: Bioanalytical study plan implementation to support pre-clinical and clinical studies.  
*J Pharm Biomed Anal. (2011) 55(5) : 869-877*

> **Additional readings**

List of publications quoting the use of SPI-Bio Ghrelin kits

- Homann D et al

Hyperleptinemia independent of body adiposity in women with fibromyalgia

*Rheumatol Int (2014) DOI 10.1007/s00296-014-2988-0*

- Wasse L et al

The influence of vigorous running and cycling exercise on hunger perceptions and plasma acylated ghrelin concentrations in lean young men

*Appl. Physiol. Nutr. Metab. (2013) dx.doi.org/10.1139/apnm-2012-0154*

- Gungor S et al

Ghrelins, obestatin, nesfatin-1 and leptin levels in pregnant women with 2 and without hyperemesis gravidarum.

*Clin Biochem. (2013) DOI: 10.1016/j.clinbiochem.2013.01.015*

- Broom D et al

Influence of resistance and aerobic exercise on hunger, circulating levels of acylated ghrelin, and peptide YY in healthy males

*Am J Physiol Regulatory Integrative Comp Physiol (2009) doi:10.1152/ajpregu.90706.2008*

- Broom D et al

Exercise-induced suppression of acylated ghrelin in humans

*J Appl Physiol (2007) doi:10.1152/jappphysiol.00759.2006*

- Lee Y et al

Lupin-enriched bread increases satiety and reduces energy intake acutely

*Am J Clin Nutr* (2006) doi: 10.3945/ajcn.2008.26708

- Cederberg H et al

Unacylated ghrelin is associated with changes in body composition and body fat distribution during long-term exercise intervention

*European Journal of Endocrinology* (2011)DOI: 10.1530/EJE-11-0334



1	○	○	○	○	○	○	○	○	○	○	○	○	○
2	○	○	○	○	○	○	○	○	○	○	○	○	○
3	○	○	○	○	○	○	○	○	○	○	○	○	○
4	○	○	○	○	○	○	○	○	○	○	○	○	○
5	○	○	○	○	○	○	○	○	○	○	○	○	○
6	○	○	○	○	○	○	○	○	○	○	○	○	○
7	○	○	○	○	○	○	○	○	○	○	○	○	○
8	○	○	○	○	○	○	○	○	○	○	○	○	○
9	○	○	○	○	○	○	○	○	○	○	○	○	○
10	○	○	○	○	○	○	○	○	○	○	○	○	○
11	○	○	○	○	○	○	○	○	○	○	○	○	○
12	○	○	○	○	○	○	○	○	○	○	○	○	○
	<b>A</b>	<b>B</b>	<b>C</b>	<b>D</b>	<b>E</b>	<b>F</b>	<b>G</b>	<b>H</b>					



Bertin Pharma, over the last decades, has been developing and marketing over 100 biomarker assays, pre-analytical products, kits, antibodies and biochemicals thanks to its innovative work in research and development. Our core areas are orientated to inflammation, oxidative injury, endocrinology, diabetes, obesity, hypertension, neurodegenerative diseases, HIV, prion diseases, pharmacokinetics and metabolism.

Bertin Pharma is active worldwide either with direct sales or through our qualified and trained international distribution network from the United States to Japan.

We are able to provide you with local technical support to use at ease our products.

For further information, please send your request to  
[bioreagent@bertinpharma.com](mailto:bioreagent@bertinpharma.com)



---

Parc d'activités du Pas du Lac - 10 bis avenue Ampère  
F-78180 Montigny-le-Bretonneux - France  
Tel: +33 (0)139 306 036 - Fax: +33 (0)139 306 299  
[bioreagent@bertinpharma.com](mailto:bioreagent@bertinpharma.com) - [www.bertinpharma.com](http://www.bertinpharma.com)

— A company of Group **ENIM** —